

## **VISIT A NEIGHBORHOOD WELLNESS CENTER.**

## Now featuring Community Health Worker services

A Community Health Worker (CHW) is a public health professional trained to offer in-person support by referring community residents to resources that cater to their health and well-being.

See a CHW for help finding health resources at: Epicenter of Worship 517 W. Jolly Road Lansing, MI 48910

> Tuesdays: 10:00am-6:00pm Thursdays: 10:00am-5:00pm Fridays: 9:00am-4:00pm

At no cost to you. No ID, insurance or appointments required.



Everydaylifechw.com/nwc Questions? Email <u>CHW@everydaylifechw.com</u> or call (989) 272-3022

## A CHW can help you with...



Health care enrollment and assistance



Connection to community resources (food, housing, utilities)



Education on healthy lifestyles and behaviors



Help locating providers



Management of chronic conditions and medications

AND MORE!

Ingham County Health Department



